MEET THE PROS

DIRECTOR OF TENNIS: LUKAS BEMAN



Originally from Woodend, Australia, Lukas has been teaching tennis for over 25 years. Working as an Assistant Tennis Director at the Windridge Tennis Camp in Vermont for seven years. Lukas then joined ClubFit, as a Tennis Pro, where he teaches Adult Drill Clinics, Quickstart Program,

Junior Development Clinics, as well as teaching private and semi-private lessons. Lukas is a graduate of Kutztown University where he played Division II tennis. Lukas won four state championships and made it to Nationals all four

years. His serve has officially been clocked at 134 mph. Lukas graduated with a Bachelor of Science in Sports Management and is a certified USPTA Professional 1, USPTR Professional and MTM Professional Coach.



SUMMER EVENTS!

OPENING DAY! Memorial Weekend Sunday, May 31st 1-3PM

CARDIO TENNIS & QUICKSTART

Bring the family out to the courts to get acquainted with current and new members, and meet the tennis staff. Adults feel free to play informally while the kids play games and have a chance to win prizes.*

ADULT CLUB CHAMPIONSHIPS

This will be a singles round-robin format. Men's and Women's doubles will be the same format as singles.* Dates to be announced.

JUNIOR CLUB CHAMPIONSHIPS

This will be the same format as the adults.* Dates to be announced.

MEMBER – GUEST TOURNAMENT

Women's and Men's – June Bring in a guest and play doubles. Refreshments will be included. Fee: \$50 per team Dates to be announced.

*Free Event!

ALL DATES TO BE ANNOUNCED



914-238-4999 www.cstclub.com 1019 Hardscrabble Road Chappaqua, NY 10514



TENNIS SUMMER 2021

Tennis Director: Lukas Beman <u>bemantennis@gmail.com</u>

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TENNIS PROGRAM

Clinics \$40 pp for 90 minutes (min. 3 players/clinic)

Drop in Clinic Saturdays 8:30-10am (Minimum 3 players/clinic) *Must book 24hrs in advance

Designed for adults who want to develop their tennis skills using drills and match play for all-court singles and doubles as well as skill development.



(M, W, F) 10-11am \$20 pp per class Beginning July

A great cardio workout for all players and ability levels.

JUNIOR TENNIS

Enroll your children in the fun and exciting Junior Tennis Program! In this program children learn the basics of tennis, sportsmanship, and teamwork. While engaging in stroke development, drills, and games your children can fine-tune their tennis skills while learning the intricacies of the game. More competitive children can participate in Junior Clinics and match play with the Junior Tennis Team. Most importantly they will have FUN!

JUNIOR CLINIC

Monday – Friday 5:00 – 6:00 p.m. \$25 pp per class (May-August with prior booking)

JUNIOR CAMP

6/19 – 8/25 Camp One: 9 - 10 a.m. Camp Two: 11:30 - 12:30 p.m. \$25 pp per class

JUNIOR TENNIS TEAM

\$225/Season Practices: M, Tu, Fri 1:00 -2:30 p.m. Matches: Wednesday (C-Team) 1:00 -2:30 p.m. Thursday (B-Team) 1:00 - 2:30 p.m.

Junior Tennis Team is designed for children aged 9–18 years who are "match ready" and can legally serve, volley, know the rules and etiquette of the game, and can properly announce the score during matches. Matches will be played against other local clubs.

quickstort tennis

Quickstart Tennis helps children ten and under learn and play the game of tennis. The court, racquet, and ball-size, along with the scoring system and the height of the nets, are modified to make it easier for children to learn the game. Any child between ages five and ten can start playing tennis almost immediately – even if he or she has never picked up a racquet before.

> Monday – Friday 4:00 – 4:45 p.m \$20 pp per class (May-October) BOOKING IS ESSENTIAL

Private Lessons

HEAD-PRO LESSON

1 Hour Private \$80 1/2 Hour \$45 Semi-Private Duet \$90

ASSISTANT-PRO LESSON

1 Hour Private \$70 1/2 Hour \$40 Semi-Private Duet \$80

(*Non-Members Additional \$10 Per Lesson)

PACKAGE of 10 1 HOUR PRIVATE LESSONS

Head-Pro \$750 Assistant-Pro \$650

(*Non-Members Additional \$100 Per Package)