MEET THE PROS

DIRECTOR OF TENNIS: LUKAS BEMAN



Originally from Woodend, Australia, Lukas has been teaching tennis for over 25 years. Working as an Assistant Tennis Director at the Windridge Tennis Camp in Vermont for seven years. Lukas then joined ClubFit, as a Tennis Pro, where he teaches Adult Drill Clinics, Quickstart Program,

Junior Development Clinics, as well as teaching private and semi-private lessons. Lukas is a graduate of Kutztown University where he played Division II tennis. Lukas won four state championships and made it to Nationals all four

years. His serve has officially been clocked at 134 mph. Lukas graduated with a Bachelor of Science in Sports Management and is a certified USPTA Professional 1, USPTR Professional and MTM Professional Coach.



SUMMER EVENTS!

OPENING DAY! Memorial Weekend Monday, May 30th

CARDIO TENNIS & QUICKSTART
Bring the family out to the courts to get
acquainted with current and new members,
and meet the tennis staff.
Adults feel free to play informally while
the kids play games and have a chance to
win prizes.*

ADULT CLUB CHAMPIONSHIPS

This will be a singles round-robin format.

Men's and Women's doubles will be the same format as singles.*

Dates to be announced.

JUNIOR CLUB CHAMPIONSHIPS
This will be the same format as the adults.*

Dates to be announced.

MEMBER – GUEST TOURNAMENT

Women's and Men's – June
Bring in a guest and play doubles.
Refreshments will be included.
Fee: \$50 per team

Dates to be appropried

*Free Event!

ALL DATES TO BE ANNOUNCED



TENNIS SUMMER 2022

Tennis Director: Lukas Beman bemantennis@gmail.com



914-238-4999 www.cstclub.com 1019 Hardscrabble Road Chappaqua, NY 10514

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TENNIS PROGRAM

Clinics

\$40 pp for 90 minutes (min. 3 players/clinic)

Drop in Clinic Saturdays 8:30-10am (Minimum 3 players/clinic) *Must book 24hrs in advance

Designed for adults who want to develop their tennis skills using drills and match play for all-court singles and doubles as well as skill development.



(M, W, F) 10-11am \$25 pp per class Beginning July

A great cardio workout for all players and ability levels.

JUNIOR TENNIS

Enroll your children in the fun and exciting
Junior Tennis Program! In this program
children learn the basics of tennis, sportsmanship,
and teamwork. While engaging in stroke
development, drills, and games your children can
fine-tune their tennis skills while learning the
intricacies of the game. More competitive children
can participate in Junior Clinics and match play with
the Junior Tennis Team.

Most importantly they will have FUN!



quickstart



Quickstart Tennis helps children ten and under learn and play the game of tennis. The court, racquet, and ball-size, along with the scoring system and the height of the nets, are modified to make it easier for children to learn the game. Any child between ages five and ten can start playing tennis almost immediately – even if he or she has never picked up a racquet before.

Monday – Friday 4:00 – 4:45 p.m. \$25 pp per class (May-October) BOOKING IS ESSENTIAL

JUNIOR CLINIC

Monday – Friday 5:00 – 6:00 p.m. \$30 pp per class (May-August with prior booking)

JUNIOR CAMP

6/19 – 8/25 Camp One: 9 - 10 a.m. Camp Two: 11:30 - 12:30 p.m. \$30 pp per class

JUNIOR TENNIS TEAM

\$275/Season Practices: M, Tu, Fri 1:00 -2:30 p.m. Matches: Wednesday (C-Team) 1:00 -2:30 p.m. Thursday (B-Team) 1:00 - 2:30 p.m.

Junior Tennis Team is designed for children aged 9–18 years who are "match ready" and can legally serve, volley, know the rules and etiquette of the game, and can properly announce the score during matches. Matches will be played against other local clubs.

Private Lessons

HEAD-PRO LESSON

1 Hour Private \$90 1/2 Hour \$50 Semi-Private Duet \$100

ASSISTANT-PRO LESSON

1 Hour Private \$75 1/2 Hour \$45 Semi-Private Duet \$85

PACKAGE of 10 1 HOUR PRIVATE LESSONS

Head-Pro \$850 Assistant-Pro \$750