

April 2022

Dear CST Members,

Hello to both new and returning members of the Chappaqua Swim & Tennis Club. Every summer, the club's swim and dive team welcomes everyone from first-time swimmers who are just starting to learn how to swim and dive to those who compete year-round. We want to ensure a lifetime comfort level with water, a love for swimming and diving, and the building of lasting friendships. While the pandemic limited our meets and events in 2020 and 2021, we're looking forward to the return of our regular swim and dive team schedule this summer. In addition to a complete slate of swim and dive meets, a variety of other events during the season enable ALL swimmers and divers to hang out together and have a good time both in *and* out of the pool. Swim Across America, Bingo Day, stroke clinics, Christmas in July, our team picture & ice cream party, Olympics Day, team trips, and our awards dinner are just some of the events from the recent past that have helped to give every team member a summer that is fun, rewarding, and memorable.

As you think about your summer plans, know that the coaches/instructors want to make the CST experience the best it can be for everyone from our first-time swimmers who are learning all the strokes to our veterans, many of whom compete year-round. We want to ensure a lifetime comfort level with water, a love for swimming and diving, and the building of lasting friendships.

The following is a *tentative* schedule of meets/events. Additional events may be added to the schedule as we get closer to the season. Please remember to **keep these dates in mind when planning vacations**.

Thurs., June 2 nd	Meet & Greet/Informational Meeting	5:00 p.m.
Mon., June 6 th	Afternoon Practices Begin	TBA
Wed., June 15 th	Team Suit Fitting (No Practice)	TBA
Mon., June 27 th	Morning Practices Begin/Time Trials	TBA

*The league has not yet made a final meet schedule, but we do know that we will have "A" meets on five of the following dates: Thurs., June 30, Sat., July 2, Tues., July 5, Thurs., July 7, Sat., July 9, Tues., July 12, Thurs., July 14, Sat., July 16, Tues., July 19, Thurs., July 21, Sat., July 23, Tues., July 26.

"B" dive meets will take place on the following dates: Mon., July 11th, Mon., July 18th, and Mon., July 25th.

"B" swim meets will take place on the following dates: Wed., July 6th, Wed., July 13th, and Wed., July 20th.

Sun., July 17 th	Swim Across America	TBA
Wed., July 27 th	Div. 2 Diving Champ., TBA	5:00 p.m. warm-up; 5:45 p.m. start
Thurs., July 28 th	All-Star Diving, TBA	5:00 p.m. warm-up; 5:45 p.m. start
Sat., July 30 th	Div. 1 Swim Champ., TBA	8:30 a.m. warm-up; 9:00 a.m. start
Sat., July 30 th	Swim, Dive, & Tennis Team Awards Dinner	TBA
Sun., July 31 st	All-Star Swim, TBA	8:30 a.m. warm-up; 9:00 a.m. start

For the upcoming season, I am pleased to announce that James Ragusa will return for his fourth year as head diving coach and diving instructor Tessa D'Alessandro (2nd year) will also be back to guide all of our new and returning dive team members. As of this writing, we are working to fill our assistant swim coach and swim lessons instructor positions.

As we get closer to the start of the summer 2022 season, more information will be posted about our first meeting, where you will have the opportunity to meet the coaches and instructors. At that time, we will also have more information about the season. New and returning members, along with parents/guardians are welcome to attend. There's a place on the team for swimmers and divers of ALL abilities. Be a part of the tradition of excellence that is the Chappaqua Swimming and Diving Team.

While it has been a difficult couple of years for everyone, I hope that you and your friends and family have all remained healthy and safe. I look forward to seeing everyone soon!

All best,
Dan Levy
CST Head Swim Coach