

MEET LUKAS BEMAN



CST's DIRECTOR OF RACQUET SPORTS

A beloved part of the CST community for more than 20 years,

Lukas brings world-class experience and a warm, approachable coaching style to players of every age and level.

From junior development to adult clinics, competitive training, and private lessons, Lukas creates a positive learning environment built around skill-building, confidence, sportsmanship, and fun.

His experience includes coaching at Windridge Tennis Camp in Vermont and Club Fit, along with decades of work with beginners, juniors, adults, and advanced players.

Originally from Woodend, Australia, and a former Division II player at Kutztown University, Lukas is a certified USPTA Professional 1, USPTR Professional, and MTM Professional Coach.

He's also a four-time state champion, four-time national qualifier, and has a serve officially clocked at 134 mph.



SUMMER EVENTS!

MEMORIAL DAY WEEKEND

Come meet the tennis staff and start your summer on the courts.

OPEN HOUSE RACQUET DEMOS

Families interested in becoming CST members are invited to get on court with us during our two OPEN HOUSE weekends:

May 30–31 and June 6–7

A friendly first step for anyone curious about tennis, pickleball, clinics, lessons, or summer events at CST.

JUNIOR TENNIS TEAM

A summer-long tradition, young players build skills, confidence, and experience through daily lessons and inter-club match-play.

LEARN + PLAY

Beginner pickleball, adult tennis refresh clinics, junior clinics, cardio tennis, and private lessons all season long with Lukas Beman.

FAMILY + SOCIAL EVENTS

Parent-Child Doubles, Mixed Doubles, Member-Guest play, pickleball scrambles, and fun court challenges for all levels.

COMPETE + CELEBRATE

Adult and Junior Club Championships, friendly match play, and an end of summer finals celebration.



2026 Summer Racquet Series

**Tennis • Pickleball • Junior Programs
Adult Clinics • Family Tournaments
Private Lessons • Club Championships
and MORE!**

**Learn. Play.
Compete. Connect.
All ages. All levels.
All summer long!**

Ready to get on court?

To learn more or to schedule a lesson:

Contact Tennis Director

Lukas Beman

bemantennis@gmail.com

For club and membership info:

cstmembership@gmail.com

cstclub.com

914-238-4999
1019 Hardscrabble Road
Chappaqua, NY 10514

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ADULT TENNIS PROGRAM

CLINICS

\$50 per player for 90 minutes
(min. 3 players/clinic)

DROP-IN CLINIC*

Sunday 9-10:30am and 10:30-12pm
(Minimum 3 players/clinic)

*Must book 24hrs in advance
via court reserve app

Designed for adults who want to
develop their tennis skills using drills
and match play for all-court singles



(M, W, F) 10-11am
\$25 per player per class
Beginning July

A great cardio workout for
all players and ability levels.

JUNIOR TENNIS

CST's Junior Tennis Program gives children a fun,
supportive, and welcoming place to learn the game.

Through age-appropriate instruction, stroke
development, drills, games, lessons of
sportsmanship and teamwork, players build
confidence while improving their tennis skills and
understanding of match play.

For children ready for more competition,
Junior Clinics and the CST Junior Tennis Team
offer the next step in their development —
all within CST's tradition of kind,
inclusive, and encouraging coaching.

JUNIOR CLINIC

Available per request

Monday – Friday
5:00 – 6:00 p.m.

\$30 per person per class

JUNIOR CAMP

6/29 – 9/4
Monday-Friday

9am-1pm

\$90 per day

\$400 per week

JUNIOR TENNIS TEAM

\$275/Season

Practices: M, Tu, Fri 1:00 -2:30 p.m.

Matches:

Thursday 1:00 - 2:30 p.m.

Junior Tennis Team gives “match ready” players
ages 9–18 the opportunity to compete against
other local clubs.

Players should be able to legally serve and volley,
understand the rules and etiquette of tennis,
and properly announce the score during matches.



QuickStart Tennis helps children ages 5–10
learn and play tennis in a way that is fun,
approachable, and age-appropriate.

The court size, racquets, balls, scoring system,
and net height are all modified to make the
game easier for young players to learn.

Even children who have never picked up a
racquet before can start playing almost
immediately.

Monday – Friday 4:00 – 4:45 p.m.

Available per request

\$25 pp per class (May-October)

PRIVATE LESSONS w/ HEAD-PRO

1 Hour Private \$90

1/2 Hour \$50

Semi-Private Duet \$100

JUNIOR-PRO LESSONS

1 Hour Private \$75

1/2 Hour \$45

Semi-Private Duet \$85

PACKAGE of 10

1 HOUR

PRIVATE LESSONS

Head-Pro \$850

Assistant-Pro \$750

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