

# 2026 SWIM PRACTICE SCHEDULE



## Practice Schedule

### School Practice Schedule

Wednesday, June 17<sup>th</sup> - Thursday, June 25<sup>th</sup>

Swimming 4:30pm – 5:30pm

Diving 5:30pm – 6:30pm

Summer Practice Schedule Begins Friday, June 26<sup>th</sup>

### Morning

Swimming 10:00am – 11:00am

Diving 11:00am – 12:00pm

### Afternoon

Swimming 4:45pm – 5:45pm

Diving 5:45pm – 6:30pm

NOTE: No afternoon practice on swim and dive meet days

**BRING GOGGLES, SWIM CAP AND A TOWEL TO ALL PRACTICES**

# 2026 SWIM AND DIVE MEET SCHEDULE

## “A” SWIM MEETS

July 8th (Wednesday) Away at Ossining

July 11th (Saturday) Home vs. Bedford Village

July 16th (Thursday) Away at Peekskill

July 21st (Tuesday) Home vs. Seven Bridges

July 23rd (Thursday) Away at Bedford G & T

July 29th (Wednesday) Diving Championships at TBD

July 30th (Thursday) All Stars Diving Championships at Lewisboro

August 1st (Saturday) Swimming Championships at TBD

August 2nd (Sunday) All Stars Swimming Championships at Briarcliff

## “B” SWIM MEETS

July 6<sup>th</sup> (Monday) Home vs. TBD

July 13<sup>th</sup> (Monday) Home vs. TBD

July 20<sup>th</sup> (Monday) Away at TBD

July 27<sup>th</sup> (Monday) Home vs. TBD

### Weekday Meets

Dive Warm Up 4:30pm

Swim Warm Up 5:00pm

Start 5:30pm

### Saturday Meets

Dive Warm Up 8:00am

Swim Warm Up 8:30am

Start 9:00am

BRING GOGGLES, SWIM CAP AND A TOWEL TO ALL MEETS